

The Waltz - Historical Beginnings - Tom Masterson

The volta flourished for a century. It was frowned upon by the moralists, described as “indecent” and “filthy”, the manner in which the lady was held was “shameful”, and it survived because royalty liked it.

Minuet (1670, French menuet, diminutive of menu; ‘a few steps from the menu’) an old dance in 3/4 time. During the epoch of Louis XIV 1638-1715, rapid movements became stately. According to J.J.Rousseau, ‘the minuet is characterized by elegant and noble simplicity’. It is dignified and leisurely in execution with many curtsies and deep bows. Each of the 4 major minuet steps requires 2 measures of ¾ time music to complete. It is a ‘contredanse’ in which the gentleman takes the lady by the hand and leads her through a variety of figures, with reverence and grace, and always at arms length, perhaps due to the costume of the court. Gents wore heavy, full-skirted & brightly colored coats, knee breeches, white stockings, buckled shoes, a powdered wig and lace cuffs that hung down over his hands. Ladies were adorned in dresses with masses of heavy fabric, coiffures that were a foot high, and aigrettes (egret plumes)! The coiffure used horse hair, gauze, wool, ribbons & pomatum (greasy hair wax made from lard, apples & rose water) extensively. Perhaps the only possible dance was the regal minuet. The execution was exact. Attendance at dancing schools was mandatory. Its popularity among the aristocracy spread far outside France. The minuet also left a refined imprint on music including the Baroque compositions of Scarlatti, Haydn & Mozart.

The Ländler (the dance of the people of the ‘Land’ or countryside) comes from the Oberösterreich & Steiermark regions of Austria. It dates from the early 1500’s. It is a dance of the people in contrast to lavolta and the minuet which were dances of the gentry or nobility. The dance floors were made of dirt and ländlers were danced in hob-nailed boots. They include many intricate figures, are danced slowly, smoothly, on a flat foot without up & down motion, with an earthy feeling, and most actions take two measures of 3/4 time music to complete. Most ländlers have sections that very closely resemble the modern waltz, turning in a close embrace position. In the 1680-1720 period it migrated to Vienna in the west, Ukraine in the east (German Ost-Siedlung), as well as to bigger cities where smooth dance floors allowed (or perhaps required) shoes instead of hob-nailed boots. Transfigured onto smooth floors in Vienna, the tempo picked up with joyous enthusiasm. The waltz was born in Austria and Germany.

La valse est née

It was the time of the French revolution. The elaborate airs and costume of the aristocracy were put aside. The mood was one of rebellion. More natural-looking hair replaced the flamboyant coiffures. Can you imagine doing a waltz with a 20 pound hairdo? Elegant lace men’s blouses were replaced with shirts and vests. Perhaps the clothing industry wanted to market new items to a larger clientele. The waltz required closer contact between



men and women than the minuet and consequently suffered the wrath of moralists and the church. Tomes were written excoriating it: “Proof that the Waltz is the main source of the weakness of body and mind of our generation” (1799). Yet the waltz took Vienna by storm. The uneven dirt surface of the country ‘Hof’ (courtyard) was replaced by the magnificence of the chandeleered ballroom. Slow turns accelerated to dizzying gyrations. Great composers wrote waltzes that are still popular today. The French adapted the waltz ~1795 (when did moral arguments ever take precedence over fun in France?); the British denounced it. Lord Byron condemned it scathingly. Dancing salons refused to teach it. The women were ‘hussies’, embraced in ‘immoral young rascals’ arms, the dance was ‘disgusting’. But in 1812 the Russians invaded: Emperor Alexander of Russia, the highest of the elite, spun around the London’s regal Almack ballroom with Countess Levin. She and Princess Esterhazy became the greatest waltzers of the day. The British foreign minister Lord Palmerston, with impressive British diplomacy, became their expert partner. In 1812 Napoleon was defeated (by Alexander in Russia) and the waltz conquered Britain.

References:

Arbeau; Orchesographie, 1588. Ainsworth; Latin Dictionary, 1736. Cellarius; Danses des Salons, 1847. Zorn; Grammatik der Tanzkunst, 1885. Burchenal; Dances of the People, 1913. Lloyd Shaw; Round Dance Book, 1948



STOMP!

Waltz

Historical Beginnings

By: Tom Masterson



“Sum, ergo salto”

{ I am, therefore I dance }

(Tom Masterson, with apologies to Descartes)



Ländler figure, Laurie Clark & Tom

W

Waltz: from the German Walze- a cylinder (<C10); a turning dance (late C18). The waltz is one of the most graceful social dances. Here is some history, cultural influences and terpsicorean precursors of this beautiful dance.

In incipit: Whence the Waltz. The principal ¾ time precursors were the volte, minuet, and ländler.

Volta (voltare, Italian, to turn)

La volta was reputedly introduced to France by Catherine de Medici when she married King Henry II in 1533. She came from Florence, the city of Michelangelo, where the arts were well patronized. Her son (Henry III) danced the volte with alacrity in the French court. The dance featured ‘dizzy turnings and high lifts of the ladies by their partners’. The French priest Arbeau

(Jehan Tabourot) wrote 40 pages on this family of dances in his Orchesographie (1588), including the following directions: “to dance the volte, place your right hand on the damsel’s back, the left below her bust, and pushing her with your right thigh beneath her rump, turn her.” Dance descriptions were presented as directions of the dance master to an eager student. To wit: keep your “head and body erect, and appear self-possessed, ... and spit and blow (your) nose sparingly.”

The volte was in 3/4 time. It included many exuberant hops, kicks and jumps. It was also popular in England, where Shakespeare (in Henry V) tongue-in-cheek says “They bid us to the English dancing schools/And teach us lavoltas high and swift corantos.” Dance was an important part of the period’s fitness craze: in 1593, at age 60, Her Royal Highness Queen Elizabeth’s morning routine was to dance 6 or 7 voltas or galliards as soon as she got up! *Vive la danse!*

(continued on back)



Village Arts Coalition Member Groups

- American Vernacular Dance (AVD)
- Arkansas Valley Music & Dance
- Blue Moon Dance Company
- Boulder Hungarian Workshop
- Boulder International Folk Dancers (BIFD)
- Boulder Israeli Dancers
- Boulder Scandinavian Dancers (BSD)
- Calico & Boots Square Dancers
- Colorado Friends of Cajun/Zydeco Music & Dance (CFCZ)
- Colorado Friends of Old Time Music and Dance (CFOOTMAD)
- Colorado Morris Dancers
- CSU Scottish Arts Club
- "Dancing Back the Clock"
- Denver Area Folk Dancers (DAFD)
- Folk Dancers Investor Group
- Friends of Traditional Dance (FoTD)
- Hoofin' High Country Cloggers
- Hora Romaneasca Romanian Dancers
- The Moon Festival
- Las Tres Mujeres
- Little London Assembly
- Pikes Peak Scottish Country Dancers
- Pikes Peak Traditional Dance
- Planina: Songs of Eastern Europe
- Postoley Dance Ensemble
- Ruby Dancers
- Scandinavian Dance Class
- Scottish Country Dancers of Colorado
- Storm Mountain Folk Dancers
- Storysmith
- Swingin' Seven
- Tango Colorado
- Tom Masterson/ Danceophile Studio
- U.S.A.Dance – Rocky Mountain Chapter
- Westminster Old Time Community Dance
- Winter Solabration Society
- Watch Your Step

STOMP! is published six times a year by the Village Arts Coalition, a non-profit organization dedicated to the enhancement of the folk arts.

Village Arts Coalition Officers: President: **Melba Shepard**, Vice President: **Robert Schaedla**, Treasurer: **Deborah Howard**, Secretary: **Susan Reisser**

STOMP! Editor: Caroline Stepanek, Publication Coordinator: **PIP PRINTING & Marketing Services, 303-449-0888**

Deadline for items to be included in the **September - October 2009** issue is **August 14, 2009**. The policy of the VAC board is to limit mailed distribution of the newsletter to VAC members and VAC member groups.

For info about joining the VAC, contact Stan Wilkes at sgwilkes@csd.net or 303-233-3474. For information regarding The Village Arts Coalition Festival, please contact Hermine Higgins at 303-440-8303 or avalon@villageartscoalition.org. The VAC's central phone/fax number is: **303-440-8303 (Avalon)**. Call this number or email scheduling@boulderdancespace.com to book The Ballroom at the Avalon – 6185 Arapahoe Ave. in Boulder. To book **The Pearl Street Studio - 303.443.7538** - 2126 Pearl St. in Boulder or email. Visit **www.boulderdancespace.com** for facility availability information.

The Village Arts Coalition

Board Notes: May 18th:

- The VAC held a successful spring clean-up party at the Avalon on May
- The VAC website, modified with a new calendaring function, has been very successful.
- 17 vendors have signed up to participate in the festival and 33 performing groups
- An amount has been set for the purchase of a portion of Stan Wilke's FDIG shares

www.villageartscoalition.org

VAC Board members:

Melba Shepard(P), Robert Schaedla(V-P), Susan Reisser(S), Deborah Howard(T), Jane Bunin, Willard Crary, Betty England, Steward Hartman, Carla McKenna, Chuck Palmer, Dave Sander, Marshall Shapiro, Caroline Stepanek, Anne Vickery, and Stan Wilkes

Performing Groups

- Boulder Scandinavian Dancers:** Erica Rice 303-442-7689
- Calico & Boots, American Folk Dancers:** Jim Barnett 303-651-0797
- Halau Hula O Na Mauna Komohana:** "Pumehana" Paisner 303-447-9772
www.oconnor.gs/halau.html
- Hoofin' High Country Cloggers:** Ken Horwege 303-364-2278
- Hora Romaneasca - Dances of Romania:** Mihail Codrescu 303-494-5640
- Maroon Bells Morris Dancers:** Robin Smith 303-651-0909
www.maroonbellsmorris.org
- One World Folk Dancers:** Beverly Elinoff 303-322-8257
- Planina: Songs of Eastern Europe:** Julie Lancaster 303-733-1120
- Postoley Dance Ensemble:** Dances from Eastern Europe: Tom Masterson 303-499-6363 www.postoley.org
- Scottish Country Dancers of Colorado:** Bob Burnham, 303-431-6870
meineadair@earthlink.net
- Sherefe:** Music of the Middle East & Eastern Europe: James Hoskins 303-939-8702

- Silk Road Middle Eastern Dance Theater:** Natasha Cargill 303-772-4267
or silkraod59@aol.com
- Storm Mountain Folk Dancers:** Wendi Kiss 970-663-5508
- StorySmith:** Susan Marie Frontczak 303-442-4052
- Trolls:** Scandinavian musicians – Erica Rice 303-442-7689
- Village Dancers:** multi-ethnic folk dancers: Anne Vickery 303-499-3001
- Swingin'Seven:** Big Band Swing and Traditional Jazz. Dave McLoughlin 303-413-0037(day) 303-443-9673(eve)
- Watch Your Step!** Vintage Dance Vignettes. Contact Dorothy Vernon 303-443-9415

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Locations

Boulder	
AV - Ballroom at the Avalon 6185 Arapahoe Ave., Unit B, Boulder	SRC - Scheitler Recreation Center 5031 W 46th Ave, Denver
CDC - Community Dance Collective 2020B 21st Street, Boulder behind the Kwal Paint & Futon stores at corner of 21st & Pearl	SHM - Swallow Hill Music Association 71 E. Yale, Denver Between Broadway & Lincoln
DS - Danceophile Studio 250 31st Street, Boulder off Moorhead	WMC - Warren United Methodist Church 1630 E. 14th Ave, Denver
EBCC - East Boulder Comm. Center 5660 Sioux Drive, Boulder	WPMC - Washington Park United Methodist Church 1955 E. Arizona Ave., Denver corner of South Race & East Arizona
Fort Collins	
KaKS - Kakes Studios 2115 Pearl St., Boulder behind Kwal Paint & Futon stores at corner of 21st & Pearl.	TICO - Club Tico in City Park 1599 City Park Dr, Fort Collins North Shore of City Park Lake
PSt - Pearl Street Studio 2126 Pearl St., Boulder E. of 21st St, S. side of street	EG - Empire Grange 2306 W. Mulberry, Fort Collins
PEH - Pre Eminence Hall 323 Walnut St.	FCSC - Fort Collins Senior Center 1200 Raintree Dr, Fort Collins
Denver	
BCC - Berkeley Community Church 3701 W. 50th Ave. (near Regis)	CCC - Clements Community Center 1580 Yarrow, Lakewood 1 block North & West of Colfax & 16th
DT - Denver Turnverein 1570 Clarkson St., Denver 8 blocks East & 1 block North of Capi- tol Building	HCC - Hillside Community Center 925 S. Institute, Colorado Springs
HEA - Hebrew Educational Alliance 3600 S. Ivanhoe St., Denver SW of Hampden & I-25	MGG - Maple Grove Grange 3130 Youngfield, Golden
HIC - Heritage Irish Center 1946 S. Quebec, Denver	OFH - Odd Fellows Hall North of 4th & Main, Lyons
HMC - Highlands Masonic Center 3550 N Federal Blvd. Denver	SRS - Silk Road Studio 59th St. Near Hygiene Rd, Longmont
MC - Mercury Café 22nd & California, Denver	WGH - Westminster Grange Hall 3935 W. 73rd Ave., Westminster
SCC - Scheitler Community Center Berkley Park - Denver	IDC - International Dance Club 2422 Busch Ave., CO Springs
	CSSC Colo. Springs Senior Center 1514 N Hancock, CO Springs

ONGOING CLASSES & EVENTS

Boulder Swing Dance: Swing Dance lessons, Monday & Tuesday nights at 7 p.m. with a new series starting every month. Taught by Shana Worel, John Dyer, Heather Ballew and Dano McKagen at the Kakes Studios, Boulder. Check the website for time changes or cancellations. www.boulderswingdance.com or call 720.929.9618/720.837.9630.

Pearl Street Swing & Blues: 1st and 3rd (& sometimes 5th) Saturday of the month. Intro to Lindy Hop class from 7-8:30 p.m. Dancing from 8:30 'til 1 a.m., with blues after midnight. Admission is \$5, \$10 for the lesson (includes admission to the dance). Held at the Pearl Street Studio, Boulder. For more information, see www.boulderswingdance.com.

Fourth Saturday Swing with Live Music at the Avalon: Live swing music! 4th Saturday of the month (see VAC website for changes). Local bands such as the Swingin' Seven, FortJazz Big Band, DU Claimjumper play music for swing dancing and related forms. Intro dance lesson from 7 to 8 P.M. Music from 8 to 11 P.M. Light refreshments. No partner or prior dance experience required. All ages welcome. Plenty of free parking. Usually \$15 general admission, \$10 students. Avalon Ballroom, Boulder. Hosted by American Vernacular Dance. Info: Jim X. Borzym 303-449-5962. To sign on for email updates, send email address to events@teadance.info. For special notices: villageartscoalition.org. Community Dance Collective.

Story Telling

For five days each August on Aims Community College campus, audiences step back in time as High Plains Chautauqua (HPC) recreates the turn-of-the-century traveling tent Chautauqua that brought education and entertainment to communities in the form of lectures, concerts, and plays. The August 4-8, 2009 HPC theme is "The American Spirit: An Endless Quest." VAC member Susan Marie Frontczak will present as Eleanor Roosevelt on Saturday evening. In addition to the events listed in the calendar there will be daytime lectures and workshops. For more information see www.highplainschautauqua.org or call 970-352-3567. All events free.

August 4 - Theodore Roosevelt 7:00-8:30 P.M.

August 5 - Georgia O'Keeffe and Albert Einstein 7:00-9:00 P.M.

August 6 - Ernest Hemingway and Douglas MacArthur 7:00-9:00 P.M.

August 7 - Branch Rickey and César Chávez 7:00-9:00 P.M.

August 8 - Ragtime Dance Workshop 1:00 P.M.

August 8 - Watch Your Step ragtime dance performance 6:00 P.M.

August 8 - Eleanor Roosevelt and Martin Luther King 7:00-9:00 P.M.

TANGO

Argentine Tango: dance hosted by Las Tres Mujeres. Every 2nd and 4th Sunday of the month from 6pm to 11pm at the Avalon, 6185 Arapahoe, Boulder. Potluck and wine, very casual. No partner necessary. Admission \$5.00. For more details contact Nancy Primmer at 303-237-9605 or email nlprimmer@yahoo.com

Argentine Tango Beginner (1pm - 2pm) **and Advanced Beginner** (12pm - 1pm) lessons every Sunday at the Avalon, 6185 Arapahoe, Boulder. The lessons are from 12pm - 2pm, except the 2nd Sunday of the month when they are from 10am - 12pm . No partner needed. Cost is \$24/month or \$7.00 drop-in. Private lessons are available. For more details please contact Nancy at 303-237-9605 or email nlprimmer@yahoo.com.

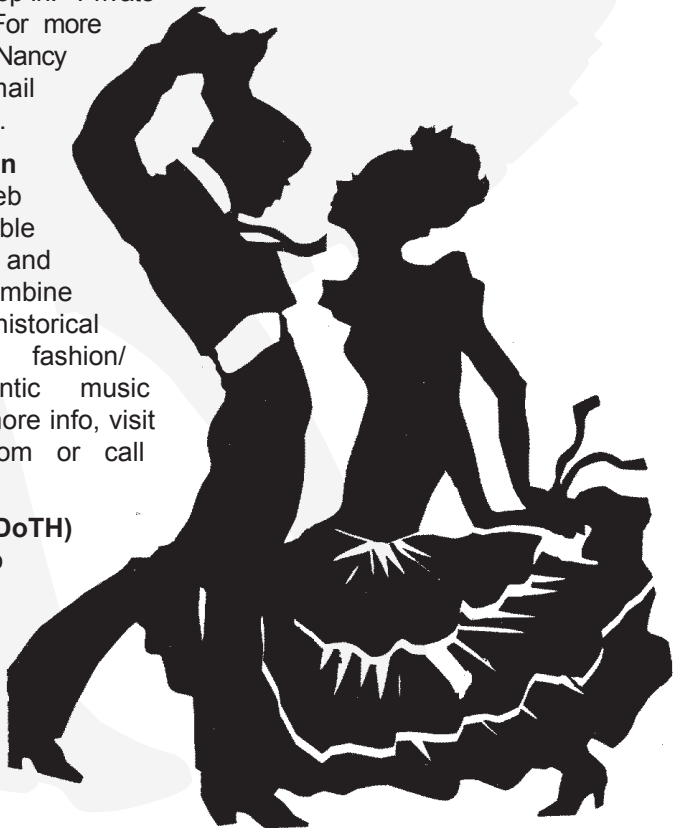
Deb Sclar & Brian Dunn Private Instruction: Deb and Brian are available for private instruction and presentations that combine dance performance, historical commentary, tango fashion/ art/food and authentic music accompaniment. For more info, visit www.danceoftheheart.com or call 303-938-0716 x2.

Dance of the Heart (DoTH) Milongas: Intro. to Milonga generally on 1st and 3rd Saturday of the month. Class 7-8 p.m. Social dancing starts at 8 p.m. at PreEminence Hall,

3213 Walnut Street, Boulder. \$10 with intro. class, \$7 otherwise. To confirm dates and get more info, call Deb Sclar at 303-938-0716 or visit www.danceoftheheart.com

Milonga Mercurio: Every Friday from 9:30 p.m.-2 a.m. at the Mercury Café, Denver. Beginning class at 7 p.m., intermediate at 8 p.m. Call Marilyn Meginity at 303-294-9281.

Tango Colorado Practicas: Boulder: Every Thursday, Pearl Street Studio Denver: Every Tuesday, Turnverein Class 7-8 p.m., followed by a dance and practice period until 10:30 p.m. Classes are taught by Denver's best local Argentine Tango teachers. Usually, there is a guest Argentine Master once a month at no additional charge. The classes are fundamentals classes, not just for beginners, but perfect for all who want to begin, to perfect their balance, their connection and their foundation to dance at the most advanced level. Class prices: Members: \$5, nonmembers: \$8. Buy class package at the first of the month and get one class free. Dance and Practica: Members: \$8, nonmembers: \$10 Contact Pat Patton at 303-466-3820, call our hotline at 303-370-9356 or visit our website www.tango.org/dance/tango_Colorado.html.



ONGOING CLASSES & EVENTS

FOLKDANCING in the Mountains Mondays, 7:00-9 p.m. Nederland Community Center - Fun folkdances from around the world are taught and danced each Monday evening in the mountains in Nederland at the newly remodeled Community Center. [750 Hwy 72: from traffic circle in Nederland, turn right into Community Center]. Introductory level, no partner or experience needed. Only \$5. A wonderful way to learn great dances, experience our ethnic & cultural roots, meet lots of new friends, and get in shape, all at the same time! Fabulous wood dance floor. Bring your dance shoes, or wear stocking feet. Awesome snacks at half-time. Everyone is welcome to join us on any evening. Info: 303 499-6363 or 303 258-3652

Folk Dance Lessons: Sheila Sharpe teaches folk dance at parties, weddings, etc. 303-377-4111.

Hawaiian Hula Classes: HALAU HULA O NA MAUNA KOMOHANA Teaches ongoing Hawaiian Hula and Chant every Thursday night at The Dairy Center for the arts: Boulder Ballet Studio, 27th & Walnut. 7:30pm to 9pm. Cost: \$15 for dropins; \$55 for 5week punchcard. Open to men, women, teens who've had some type of dance (not necessarily Hula). Classes continue through July. We are off in Aug, then will resume the 13th of Sept. Both ancient and modern Hula will be taught, as well as some language, chanting, culture, history and politics. Contact: M Pumehana Paisner, 303 447 9772 or miriampaisner@hotmail.com or www.oconnor.gs/halau.html.

Hawaiian, Israeli & Country Western Dance Teacher: Available on call for private or group lessons. For more info call Miriam "Pumehana" Paisner at 303-447-9772 or visit www.oconnor.gs/mp.html.

Hora Romaneasca: Romanian Folkdance Ensemble based in Boulder. Available for performances presenting the rich folk culture of Romania highlighting its dance, music, costumes, and folk arts. Rehearsals currently held on Sundays, starting at 6:30 p.m. at the Grace Lutheran Church, Boulder. Please contact Mihail Codrescu at mihail1@netscape.net or 303-494-5640 if you are interested in attending performances, purchasing authentic Romanian wares or joining the group.

Hungarian Dancing "Tanchaz": Held monthly in Denver. Contact Dave Schmitz at 303-981-8612 for info.

International Folk Dance: Tuesdays, 7:30-10 p.m. Empire Grange, Ft. Collins. For info contact Daryl Keney at 970-223-5362.

Maple Grove Grange Folkdancers: Folk Dance Party & Potluck on 1st Sundays, 1-6 p.m. at the Maple Grove Grange, Golden. Wood floor, potluck. \$3. Contact Jerry Accettura at 303-763-8404 for more info.

ISRAELI

Boulder Israeli Dance: Sundays at the Pearl Street Studio, Boulder. Teaching 7-8 p.m., open dancing 8-10 p.m. \$5/session, first time free. Info: Call Skip Ellis at 303-440-9388 or Marshall Shapiro at 303-641-6511.

Israeli Folk Dancing: Beginning, intermediate & advanced instruction and open dancing led by Joan Saliman & Bev Michaels. Beginning classes are held monthly. Tuesdays, 7-10 p.m., at the Hebrew Ed. Alliance, 3600 S. Ivanhoe Street, Denver. \$5 or 5 classes for \$20 (with coupon). For more info call Joan Saliman: 303-671-7131.

SCANDINAVIAN

Fifth Saturday Bygdedans: Held on the 5th Saturday of months that have them, 8-10:30 p.m., Pearl St. Studio, Boulder. Admission \$5. Info: Eric Meyer, 303-415-1187.

Scandinavian Dance Party: 2nd Saturday of every month at the Pearl St. Studio, Boulder. Live music at most dances. Sponsored by BSD (Boulder Scandinavian Dancers). Open dancing 8-10:30 p.m., \$5. Everyone is welcome: dance or listen. Info: Mike Palmer 303-442-7689 or michael.palmer@mho.com

Scandinavian dancing: every Monday night, Pearl Street Studio, Boulder, \$5. Monday Night Scandinavian Dance group will start its beginning classes. Teaching 7:30 - 8:30pm by Nancy Ellinghaus and Larry Utter, followed by open dancing until 10:15. We usually have live music. For information please contact Nancy, 303-499-7262 or nellinghaus@juno.com.

SWING

23Skidoo! Events: All events take place at the Mercury Café in Denver. The Mercury Café is completely non-smoking and provides a full restaurant, bar, coffee bar, and desserts. Ask about our 15 classes for \$50 package! In all of our classes listed below: No partner or experience required, rotation is optional, all ages allowed, wear anything you'd like, comfortable shoes recommended. If you have any questions, please email us at questions@23skidooland.com. Additional info at www.23skidooland.com

• **Tuesdays:** 6 p.m., Beginning Lindy Series; 7p.m., Intermediate Lindy Series; 8 p.m., Dance for only \$5. Tuesdays are the night not to be missed in Denver! The best dancers and the biggest crowd come together to dance the Lindy Hop or East Coast swing to great music. Learn with champion dancers Dan and Tiffany, who have devoted their lives to sharing great music and dance with as many people as possible. With Dan & Guest DJs! Tuesdays are our most popular night!

• **Thursdays:** 6 p.m., Balboa (or other swing dance form); 7 p.m., Intro to East Coast Swing / Jitterbug Series; 8 p.m., Dance for only \$5. Thursdays are a high energy night where you'll find a great mix of slow and fast music, all in the vintage swing vibe. You'll find great swing, jump blues, and all the classic songs of the 20s through the 50s.

• **Sundays:** 5:30 p.m., Teacher's Choice: Take a beginner class in Lindy Hop, Shag, Balboa, Charleston, Jazz Movement, or other fun dances. Class price is \$1, or \$1-\$5 suggested donation, but all are welcome; 6:30 p.m., Intro to Jitterbug, with National Champs Dan and Tiffany, or one of the members of 23 Skidoo's performance team or other guest artists. 8 p.m. Open dance. Class price is \$1, or \$1-5 suggested donation. Stay for Live Band, only \$6. See Mercury Café for schedule of bands and when they play.

Ft. Collins Swing Nite: 2nd and 4th Fridays from 7-9 p.m. at City Park Center, Ft. Collins. Call Darrick Hildman 970-498-0798 for more info.



SPECIAL EVENTS



Orthodox Food Festival and Old Globeville Days - Sat.-Sun., July 18-19: Co-presented by the Holy Transfiguration of Christ Orthodox Cathedral, Globeville Civic Association and The Denver Foundation & the City and County of Denver, the Sixth Annual Orthodox Food Festival features amazing edible treats from Russia, Romania, Serbia, Ukraine, Eritrea, Greece and Mexico along with music and dance, crafts, demonstrations, and tours of the church as well as an iconography exhibit. Planina sings on Sunday, July 19, from 11:30 -12:30. The Orthodox Food Festival is located at 47th and Washington at Argo Park (across from the Serbian Orthodox Church near 1-70 and Washington). More information available at <http://orthodoxfoodfestival.wetpaint.com/>

Planina and Denver Municipal Band in Cheesman Park - Thursday, 8/13: Planina will perform a 30-minute set in the middle of the Concert Band's performance, so bring a picnic and enjoy the whole concert on the lawn. Performance starts at 6:30 pm. Cheesman Park is located at 8th and Franklin in Denver.

Save the Date: CFOOTMAD "Winter Solabration" Dec. 19

ONGOING CLASSES & EVENTS

AMERICAN TRADITIONAL

Arkansas Valley Music and Dance www.avmad.org **Salida Contra Dances** 3rd Saturdays - January, March, July, October, November Call 719-221-2074 **Leadville Contra Dances** 4th Friday or Saturday - February, April, June, August, October, December Call 719-486-0260 **Salida Old-time Music Jam** Last Tuesday of each month at Bongo Billy's Salida Cafe from 6:30-8:30pm - Call 970-309-3175 **Dance Instructional Series in Buena Vista, Leadville, or Salida** - Twice a year instruction in waltz, salsa, swing, clogging, etc. Call 719-221-2074

Calico and Boots Square Dance Club does squares, contras, and rounds the 1st and 3rd Tuesdays of each month at the Pearl St. Studio. The dance begins at 7:30 pm. Cost: \$4.00 per person. For more information contact: Cathy Schlein 303-424-3472

Clogging Classes: Ken Horwege teaches beginning and advanced classes. Workshop- Intro to Clogging, July 18 & 25 1-3 p.m. at Swallow Hills. Call Swallow Hills for more info or to confirm: 303-777-1003. VIP Dinner: July 18 at 7:30 p.m. at Arapahoe County Fairgrounds, 25690

E. Quincy, Aurora, CO. Performance: July 26 at 11 a.m. also at the Arapahoe County Fairgrounds. Contact Ken at 303-364-2278 or hoofinhigh@hotmail.com for more information.

Community Dances sponsored by CFOOTMAD (Colorado Friends of Old Time Music and Dance). Live music. Hotline for more info: 303-592-3972 or Website: www.cfootmad.org. * **Westminster Old-Time Community Dance 1st Saturday of the month at 7:00pm.**

* **Community Dance Boulder: 1st and 3rd Fridays at 7:15pm at the Avalon.**

* **Denver Contra Dance: 2nd and 4th Fridays at 7:15pm at the Highlands Masonic Center.**

* **Zesty Contra Dance:** For experienced dancers, no pre-dance instruction. 2nd Saturdays at 7:00pm at Scheitler Community Center at Berkeley Park in Denver. No lesson — beyond the basics, quick walk-throughs and little caller leading. July 11: Music by Gold Mine Trio, called by Devin Nordson. Aug 8: Music by Usual Suspects, called by Viki Lawrence.

HALAU HULA O NA MAUNA

KOMOHANA: Performing for the first time ever at Dragon Boat Festival at Sloans Lake on Sun, July 26 from 12:30-1 pm, and at Boulder Asian Pacific Festival on Aug. 16 in the afternoon.

Stellar Days and Nights 2010

Thursday, Feb 18 through Sunday, Feb 21, 2010

Music by Goldcrest (Washington, DC) and Second Nature (Santa Fe, NM) Contra, Square, and English Country Dance Instruction by Mary Devlin (Portland, OR) Weekend Highlights:

- ♦ Incredible dancing
 - ♦ Inspirational music and jamming
 - ♦ Outdoor recreation and hot spring soaking
 - ♦ Delicious food
 - ♦ Cozy accommodations
 - ♦ Relaxing log cabin and fire
 - ♦ Dedicated cabin for music lovers to jam and sing, 24/7
- Registration opens Oct 15! Space is limited. Pre-registration required. Non-dancers get a discount. Youth, need-based, and work scholarships available.

For more information: Online: <http://www.stellardaysandnights.org> - Email: info@stellardaysandnights.org - Phone: 719-221-2074

(Friends of Traditional Dance): Live music. Hotline for more information: 970-493-8277 or website: www.fotd.org. FoTD sponsors contras on 1st, 3rd & 5th Saturdays. Occasional Waltz Nights on 4th Saturdays Regular Dances: \$8. Free dance instruction 7-8 p.m. Club Tico in City Park in Ft. Collins. Summer Location, May-Aug, **Fort Collins Senior Center**, 1200 Raintree Dr, Fort Collins.

Lyons Old-Time Community Dance potluck and old-time music jam **Saturday, July 11th: jam and pot-luck 4-6pm, dance 6-9pm.** Pat Tognoni calls with Fabulous Band (Dave Brown, Thom Curdts, Ellen Rosenberg) are providing the music. 1908 Apple Valley Road, Lyons, \$6/adult, \$3/child/senior, \$12/family. This dance will be OUTDOORS. Drew and Lyn will provide water and tables. BYO chairs, food, drinks, water bottle. Contact us at atoldtimedances@musicinlyons.com or (303)823-0816 with questions.



Notice: The Editor makes no claims as to the accuracy, inclusion or exclusion of events submitted. Please contact each instructor/organizer to confirm each event/class. Thank you.

ONGOING CLASSES & EVENTS

Musicians' Jams: 4th Sunday of the month from 4 'til 7 p.m. in Denver. Folks with all levels of musicianship and interest in old time music are invited! Contact Patti Rickman at 303-796-9049 or pattidean@earthlink.net for location and directions.

Pikes Peak Traditional Dance:

Contra dances 3rd Saturdays, September through May, except December when the dance is held on the 1st Saturday. Dances are held 7:30-10 p.m. with a lesson at 7 p.m. Hillside Community Center, Colorado Springs. Call Nick at 719-473-6935 for further information.

Westminster Old-Time Community Dance:

Dances are taught. No partner is needed. 1st Saturdays of the month, 7-10 p.m. Lesson at 7 p.m. Cost: \$6/\$5 member/\$2 children ages 6-15. Held at the Westminster Grange Hall, park on street or in back. Info: 303-592-3972 or westminster@cfootmad.org.

BALLROOM

Zumba at the Avalon Ballroom With Maya Vigil. Come dance Merengue, Salsa, Mambo, Cumbia, Cha Cha Cha and much more. Zumba is high energy, tennis shoes recommended. Wednesdays 5:30-6:30pm The Avalon Ballroom 6185 Arapahoe, Boulder, \$8 drop in, Punch cards available. Questions 720) 771-1085solaya@hotmail.com

Waltz Classes with Barbara Roach

Waltz is a really enjoyable and intriguing dance to do. Come learn in a fun and supportive atmosphere, in classes that are a bit longer than most so we have plenty of time to practice what we are learning.

Beginning/Intermediate Classes on some Saturdays, 3-5 PM. Regular Waltz and cross-step waltz.

Intermediate/Advanced Classes on some Sundays, 2-4:30 PM. Mostly regular waltz and cross-step waltz but other forms as well. Classes are not held every week, so see below, the calendar or contact me for exact dates.

Women Learning to Lead Waltz, a few Saturdays during the year, 3-5 PM. Ladies it is really fun to learn to lead, and it makes you a better follower as well. Plus, you no longer have to sit out if there is a gender imbalance at a dance event.

All classes at the Pearl Street Studio in Boulder, pay at the door \$10 for Saturday classes and \$7 for Sunday classes. No partner necessary. No fragrances please, some of us are allergic. There are no classes for July & August but they will resume in September. For details contact Barbara at broach3@juno.com or 303-442-0677.

CFOOTMAD Boulder Waltz

Dance: 5th Fridays of the month. From 8pm-11pm. There will be a free Lesson 7:15 p.m. Cost is \$8 for members and \$10 for non-members. An evening of waltzing to the Band "Balance and Swing." You may come alone or bring a partner, but in this relaxed evening people generally dance with a different partner for each dance. Dress can be casual to dressy, vintage to modern! Event held at the Avalon Ballroom, Boulder. \$12/\$10 members. 303-592-3972 or Website: www.cfootmad.org. July 31, 8-11pm, free lesson at 7:15 by Susan Marie Frontczak. Music by Southwind.

Sunday Afternoon Tea Dances: Always live music! Tango, waltz, foxtrot, one-step, or just dance cheek-to-cheek to the original music of American social ballroom dance. The Mont Alto Ragtime and Tango Orchestra performs a wide variety of dance music from the ragtime and tango craze of the 1900s through the early swing of the 1930s. Enjoy an afternoon of delicious dancing to great live music! Dancing 2 – 5 P.M., second Sunday of the month (Sept. through May). Dance lesson included 1:30 – 2 P.M. No partner needed. Refreshments. Dressy attire encouraged. \$18 general admission, \$13 for CFOOTMAD members and students. Avalon Ballroom, Boulder. Sponsored by CFOOTMAD. Hosted by American Vernacular Dance. Info: Jim X. Borzym 303-449-5962 or CFOOTMAD web site. To sign on for email updates, send email address to events@teadance.info. For special notices: www.villageartscoalition.org.

Wednesday Waltz, etc. at the Avalon: Every 2nd and 4th Wednesday, enjoy an evening of sociable couples dancing presented by Frank Vernon & Jim X. Borzym. Traditional and contemporary dance music for Waltz, Cross-Step Waltz, Viennese Waltz, Swing, Foxtrot, One-

Step, Two-Step, Blues, Tango, Polka, Schottische, Hambo, Pols, Salsa, Cha-Cha-Cha, and more. Fundamentals are taught at 7 P.M. Intermediate teachings starts at 7:30 P.M. Open dancing from 8:00 to 10:00 P.M, sometimes later. \$7 admission. Avalon Ballroom, Boulder. Hosted by American Vernacular Dance. For information, call 303-443-9415. To sign on for email updates, send email address to events@teadance.info. For special notices: www.villageartscoalition.org.

• **Danceophile Studio** Private Dance Instruction - 250 31st Street (*between Moorhead & Ash in Boulder*) 80305 - Ballroom, Swing, Folk, Contra, Country, & Performance - Individuals, couples, groups, parties, wedding receptions* Tom Masterson Dance choreography done to your favorite music. 303 499-6363 tom.masterson@colorado.edu www.danceophile.com

****Tom Masterson's other classes will continue in the fall.****

CAJUN - ZYDECO

Cajun Dances sponsored by CFCZ (Colorado Friends of Cajun Zydeco Music and Dance): usually the 4th Sundays at the Mercury Café, Denver with the local zydeco band The Amazing Zydematics. Dances held from 1:30-5:30 p.m. Doors open at 1 pm, complementary dance lesson at 1:30 pm Check the website for details as some monthly dance dates may vary: www.cfcz.org. Info: Dan Willging at 303-745-9577.

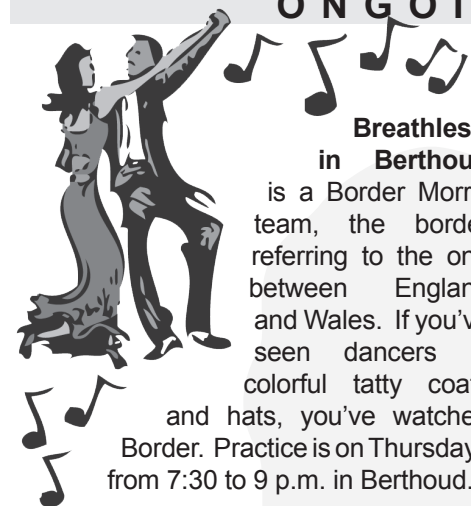
CELTIC & ENGLISH

Colorado Morris now consists of three teams, all of which will start practicing again after the performance season is over, and that means that beginners are welcome. All three teams have danced at the International Festival. Particulars on the teams' practices are:

Maroon Bells Morris dances Cotswold and the occasional longsword dances. It is the longest-standing of the three and you've probably seen us in our whites and ribbons somewhere in the state. Practice is on Wednesdays 7:30-9:30 p.m. in Northglenn.

Details TBA, check website www.maroonbellsmorris.org or call Squire Robin Smith: (303)651-0909"

ONGOING CLASSES & EVENTS



Breathless in Berthoud

is a Border Morris team, the border referring to the one between England and Wales. If you've seen dancers in colorful tatty coats and hats, you've watched Border. Practice is on Thursdays from 7:30 to 9 p.m. in Berthoud.

The Tommyknockers were started in 2002 by children of adults on the Maroon Bells Morris team and have since expanded to any interested kids. No description of the kit is needed - you recognize them by their age. Practice is on an irregular basis in Louisville, so call Nancy at 303-665-9413for current details. Questions and requests for more information should be directed to Robin at 303-651-0909 or squire@maroonbellsmorris.org. Please also visit: www.maroonbellsmorris.org

Denver Ceili Club: Come do Irish aerobics in a social setting with Molly Bennett, instructor. Thurs. evenings at 7ish at the Friendship Irish Dance Center, 1944/1946 South Quebec St, Denver. Call 303-750-3510 for more info.

English Country Dance (sponsored by Colorado Friends of Old Time Music & Dance): Experience the Sense & Sensibility of English Country Dance to live music. All dances are taught and walked through; no partner or previous experience needed. Cost: (\$10 with a \$2 discount for CFOOTMAD members). Info: www.cfootmad.org or call 303 321-2262. We are taking a break for the summer, therefore there will be no dances in July and Aug. Our next dance will be Saturday, Sept. 19th, 8:00 - 11:00 p.m.

Little London Assembly - English Country Dance - Monday Sessions 1:30-3:00pm Colorado Springs Senior Center, 1514 N Hancock, C/S, CO 80903, rates set by the City of COS (approx \$1.50 per session) - July 6, 13, 20, 27, No Aug sessions

Saturday Sessions, 1:00-3:00pm, International Dance Club 2422 Busch Ave, C/S CO 80904 - July 11, 25, No Aug sessions. Regular sessions are \$5, The ball is \$10 from 1-4pm. Contact Joan Bryant (719) 494-0563

Irish Set Dance Class: Time & place in Denver to be arranged. Contact Pat McCullough 303-777-0502 or celticevents@rmi.net.

Scottish Country Dancing: No partner needed for any classes; beginners welcome.

* **Boulder:** Sundays 4:30 - 6:30 p.m. at the Pearl St. Studio, Boulder. \$3. Contact Bob Burnham, 303-431-6870 meineadair@earthlink.net.

* **Denver:** Mondays 7-9 p.m. at St. Peter & St. Mary Episcopal Church (2nd & Acoma), \$3.50. Contact Jamie MacKinnon, 303-451-7466, jmemack@comcast.net

* **Ft. Collins:** Thursdays 7-9 p.m. at the Worthington, 900 Worthington Circle, free. Contact Jeff Davis at 970-223-7730 pikadavis@msn.com or Jim Sites, 970-223-6013, sites@lamar.colostate.edu

* **Parker:** Thursdays 7-9 p.m. at the Main Street Center, 19650 E. Main Street, \$4/\$3 members. Contact Sam Reynolds (teacher) at 303-805-1446 or sam@SpinwardStars.com

* **Colorado Springs:** Pikes Peak Scottish Country Dancers (PPSCD) meet every Wednesday at the International Dance Club (IDC), 2422 Busch Ave, Colo Springs 80904 from 7pm to 9pm. No July or Aug sessions. Cost is \$5 per session. Contact Brenda Crane (719) 599-4344 or John Crumlin 310-1784

INTERNATIONAL

Belly Dance Classes:taught by Natasha. For info. & directions call 303-772-4267. See us on the web at www.natashadances.com.

Boulder: Thursdays, 5:30p.m. beginners, 6:30p.m. intermediate at Kakes Studio, Boulder.

Longmont: Mondays, 5:30 p.m. beginners, 6:30 p.m. intermediate, 7:30 p.m. performing; at Silk Road Studio, Longmont (59th St. near Hygiene Road). Call for directions.

BIFD(Boulder International Folk Dancers): Friday nights, teaching 7:30-8:30 p.m., open dancing 8:30-11 p.m. at the Pearl Street Studio, Boulder. Golden Oldies night held on the 5th Fridays with the programmer playing your favorite "oldie" dances. \$4. For info, call Ilana at 303-449-2381 or visit www.boulderifd.org.

Denver Area Folk Dancers (DAFD): Thursdays, October through May (*and during bad weather in the summertime*) at Warren United Methodist Church Annex (upstairs), 14th & Gilpin in Denver. Lesson 7-8 p.m., open dancing 8-10:30 p.m. \$4. For more info call Beverly Elinoff at 303-322-8257 or Debby Bowinski at 303-692-8213.

Folk, Ballroom, Swing, Latin, Contra, Character & Performance dance Private Instruction: Any day, any time. For individuals, groups, parties, wedding receptions & more. Dance choreography to your favorite music. Tom Masterson, 303-499-6363, masterst@colorado.edu, Danceophile Studio, Boulder. www.postoley.org

FOLK DANCING for EVERYONE TUESDAY Evenings starting June 2, 7-10 p.m. Outside on the Boulder Farmers' Market Plaza - Fun folkdances from around the world are taught and danced each Tuesday evening outside under the stars on the Boulder Municipal Plaza [*13th Street between Canyon & Arapahoe beside Dushanbe Teahouse & Farmer's market*]. The program starts on Tuesday, June 2, and continues through Sept. 9. There is beginning level teaching from 7:00 to 8:00; no partner or experience needed. Teaching is by Tom Masterson and other impressive teachers from around the world. Cost is FREE! (donations appreciated!) Sponsored by Danceophile Studio & Postoley Dance Ensemble. Everyone is welcome to join us any evening. More information: 303 499-6363 www.postoley.org www.postoley.org

FOLK DANCES for CHILDREN Tuesday Evenings, July 7,21, 6:15-7:00 p.m. Outside on the Boulder Farmers' Market Plaza -For children of all ages and their parents! Free! A real family oriented event outside under the stars on the Boulder Municipal Plaza All dances are taught! Starts at 6:15 pm No experience needed. Teaching by Tom Masterson. Cost is FREE! (donations appreciated!) A wonderful way to introduce children to dance, & to experience our ethnic and cultural roots! Sponsored by Postoley Dance Ensemble & Danceophile Studio. Bring the whole family! More information: 303 499-6363. www.postoley.org.

August

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1

10:00 AM Clogging w/ Ken - SHM
7:00 PM Westminster OldTime Comm.- WGH
7:00 PM DoTH Milongas - PEH
7:00 PM Pearl St. Swing
8:00 PM FoTD Contra Ft Collins-FCSC

2

12:00 PM Argentine Tango Beg/Ad-AV
1:00 PM MGG Folkdancers-MGC
4:30 PM Scottish Cntry Dancing-PSt
5:30 PM Skidoo Teacher Choice -MC
6:30 PM Hora Romanesca-Grace
Lutheran Church
7:00 PM Boulder Israeli Dance -PSt

3

5:30 PM Beg Belly Dance - SRS
6:30 PM Int. Belly Dance - SRS
7:00 PM Folk Dance in Mountains - Nederland
7:00 PM Scottish Country Dancing - Den
7:00 PM Boulder Swing Dance- KaKS
7:30 PM Scandinavian Dancing - PSt

4

6:00 PM Skidoo Lindy Series- MC
7:00 PM Folk Dance - Bldr Farmers Mkt
7:00 PM Israeli Folk Dancing - HEA
7:00 PM Tango Colo. Practicas - DT
7:00 PM Boulder Swing Dance- KaKS
7:30 PM Int. Folk Dance - EG
7:30 PM Calico&Boots Square Dance - PSt

5

5:30 PM Zumba - AV
7:30 PM Maroon Bells Morris - Northglenn

6

5:30 PM Beg. Belly Dance - KaKS
6:00 PM Skido Balboa, Jitterbug - MC
6:30 PM Int. Belly Dance - KaKS
7:00 PM Scottish Country Dancing - Ft. Col.
7:00 PM Denver Ceili Club - HIC
7:00 PM Scottish Country Dancing - Parker
7:00 PM Denver Folk Dancers - WMC
7:00 PM Tango Colo. Practicas - PSt
7:30 PM Breathless in Berthoud

7

7:00 PM Milonga Mercurio - MC
7:15 PM Comm Dance CFOOTMAD
Bldr - AV
7:30 PM Boulder Intern FolkDancing - PSt

8

10:00 AM Clogging w/ Ken - SHM
1:00 PM Ragtime Dance Workshop - Aims Comm. College
6:00 PM Watch Your Step Performance - Aims Comm. College
7:00 PM Storytelling: Eleanor Roosevelt & Martin Luther King - Aims C.C.
7:00 PM Zesty Contra CFOOTMAD - SCC
8:00 PM Scandinavia Dance Party - PSt

9

10:00 AM Argentine Tango Beg/Ad-AV
4:30 PM Scottish Cntry Dancing-PSt
5:30 PM Skidoo Teacher Choice -MC
6:00 PM Argentine Tango (LasTresM) - AV
6:30 PM Hora Romanesca-Grace
Lutheran Church
7:00 PM Boulder Israeli Dance -PSt

10

5:30 PM Beg Belly Dance - SRS
6:30 PM Int. Belly Dance - SRS
7:00 PM Boulder Swing Dance- KaKS
7:00 PM Scottish Country Dancing - Den
7:00 PM Folk Dance in Mountains - Nederland
7:30 PM Scandinavian Dancing - PSt

11

6:00 PM Skidoo Lindy Series- MC
7:00 PM Folk Dance - Bldr Farmers Mkt
7:00 PM Boulder Swing Dance- KaKS
7:00 PM Tango Colo. Practicas - DT
7:00 PM Israeli Folk Dancing - HEA
7:30 PM Int. Folk Dance - EG

12

5:30 PM Zumba - AV
7:00 PM Wednesday Waltz - AV
7:30 PM Maroon Bells Morris - Northglenn

13

5:30 PM Beg. Belly Dance - KaKS
6:00 PM Skido Balboa, Jitterbug - MC
6:30 PM Int. Belly Dance - KaKS
6:30 PM Planina - Cheesman Park
7:00 PM Tango Colo. Practicas - PSt
7:00 PM Scottish Country Dancing - Parker
7:00 PM Denver Ceili Club - HIC
7:00 PM Scottish Country Dancing - Ft. Col.
7:00 PM Denver Folk Dancers - WMC
7:30 PM Breathless in Berthoud

14

7:00 PM Ft. Collins Swing Night - TICO
7:00 PM Milonga Mercurio - MC
7:15 PM Denver Contra CFOOTMAD - HMC
7:30 PM Boulder Intern FolkDancing - PSt

15

10:00 AM Clogging w/ Ken - SHM
7:00 PM Pearl St. Swing
7:00 PM DoTH Milongas - PEH
8:00 PM FoTD Contra Ft Collins - FCSC

16

12:00 PM Argentine Tango Beg/Ad-AV
4:30 PM Scottish Cntry Dancing-PSt
4:30 PM Hawaiian Hula Performance - Bldr. - Asian Festival
5:30 PM Skidoo Teacher Choice -MC
6:30 PM Hora Romanesca-Grace
Lutheran Church
7:00 PM Boulder Israeli Dance -PSt

17

5:30 PM Beg Belly Dance - SRS
6:30 PM Int. Belly Dance - SRS
7:00 PM Scottish Country Dancing - Den
7:00 PM Boulder Swing Dance- KaKS
7:00 PM Folk Dance in Mountains - Nederland
7:30 PM Scandinavian Dancing - PSt

18

6:00 PM Skidoo Lindy Series- MC
7:00 PM Calico & Boots Square Dance - PSt
7:00 PM Folk Dance - Bldr Farmers Mkt
7:00 PM Tango Colo. Practicas - DT
7:00 PM Boulder Swing Dance- KaKS
7:00 PM Israeli Folk Dancing - HEA
7:30 PM Int. Folk Dance - EG

19

5:30 PM Zumba - AV
7:30 PM Maroon Bells Morris - Northglenn

20

5:30 PM Beg. Belly Dance - KaKS
6:00 PM Skido Balboa, Jitterbug - MC
6:30 PM Int. Belly Dance - KaKS
7:00 PM Tango Colo. Practicas - PSt
7:00 PM Denver Ceili Club - HIC
7:00 PM Denver Folk Dancers - WMC
7:00 PM Scottish Country Dancing - Ft. Col.
7:00 PM Scottish Country Dancing - Parker
7:30 PM Breathless in Berthoud

21

7:00 PM Milonga Mercurio - MC
7:15 PM Comm CFOOTMAD Bldr - AV
7:30 PM Boulder Intern FolkDancing - PSt

22

10:00 AM Clogging w/ Ken - SHM
7:00 PM Swing at the Avalon - AV
7:00 PM FoTD Waltz Night - FCSC

23

12:00 PM Argentine Tango Beg/Ad-AV
1:30 PM Cajun Dance - MC (ck. time)
4:30 PM Scottish Cntry Dancing-PSt
5:30 PM Skidoo Teacher Choice -MC
6:00 PM Argentine Tango LTM - AV
6:30 PM Hora Romanesca-Grace
Lutheran Church
7:00 PM Boulder Israeli Dance -PSt

24

5:30 PM Beg Belly Dance - SRS
6:30 PM Int. Belly Dance - SRS
7:00 PM Scottish Country Dancing - Den
7:00 PM Boulder Swing Dance- KaKS
7:00 PM Folk Dance in Mountains - Nederland
7:30 PM Scandinavian Dancing - PSt

25

6:00 PM Skidoo Lindy Series- MC
7:00 PM Israeli Folk Dancing - HEA
7:00 PM Tango Colo. Practicas - DT
7:00 PM Folk Dance - Bldr Farmers Mkt
7:00 PM Boulder Swing Dance- KaKS
7:30 PM Int. Folk Dance - EG

26

5:30 PM Zumba - AV
7:00 PM Wednesday Waltz - AV
7:30 PM Maroon Bells Morris - Northglenn

27

5:30 PM Beg. Belly Dance - KaKS
6:00 PM Skido Balboa, Jitterbug - MC
6:30 PM Int. Belly Dance - KaKS
7:00 PM Denver Ceili Club - HIC
7:00 PM Denver Folk Dancers - WMC
7:00 PM Scottish Country Dancing - Ft. Col
7:00 PM Scottish Country Dancing - Parker
7:00 PM Tango Colo. Practicas - PSt
7:30 PM Breathless in Berthoud

28

7:00 PM Milonga Mercurio - MC
7:00 PM Ft. Collins Swing Night - TICO
7:15 PM Denver Contra CFOOTMAD - HMC
7:30 PM Boulder Intern FolkDancing - PSt

29

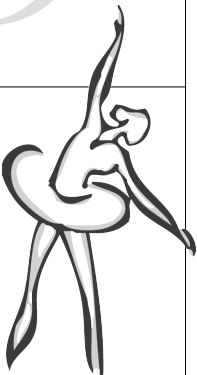
10:00 AM Clogging w/ Ken - SHM
7:00 PM Pearl St. Swing
8:00 PM FOTD Contra - FCSC
8:00 PM Fifth Saturday Bygdedans-PSt

30

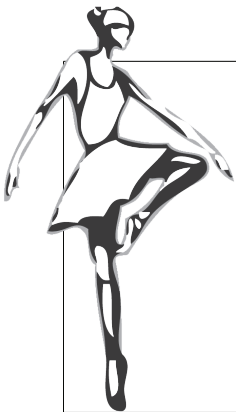
12:00 PM Argentine Tango Beg/AD-AV
4:30 PM Scottish Cntry Dancing-PSt
5:30 PM Skidoo Teacher Choice -MC
6:30 PM Hora Romanesca-Grace
Lutheran Church
7:00 PM Boulder Israeli Dance -PSt

31

5:30 PM Beg Belly Dance - SRS
6:30 PM Int. Belly Dance - SRS
7:00 PM Boulder Swing Dance- KaKS
7:00 PM Scottish Country Dancing - Den
7:00 PM Folk Dance in Mountains - Nederland
7:30 PM Scandinavian Dancing - PSt



July



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

			<div>1</div> <div>5:30 PM Zumba - AV 7:30 PM Maroon Bells Morris - Northglenn</div>	<div>2</div> <div>5:30 PM Beg. Belly Dance - KaKS 6:00 PM Skido Balboa, Jitterbug - MC 6:30 PM Int. Belly Dance - KaKS 7:00 PM Scottish Country Dancing - Ft.Col. 7:00 PM Scottish Country Dancing - Parker 7:00 PM Denver Ceili Club - HIC 7:00 PM Denver Folk Dancers - WMC 7:00 PM Tango Colo. Practicas - PSt 7:30 PM Hawaiian Hula - Dairy Cntr 7:30 PM Breathless in Berthoud</div>	<div>3</div> <div>7:00 PM Milonga Mercurio - MC 7:15 PM Comm Dance CFOOTMAD Bldr - AV 7:30 PM Boulder Intern FolkDancing - PSt</div>	<div>4</div> <div>7:00 PM Westminster OldTime Comm.- WGH 7:00 PM Pearl St. Swing 7:00 PM DoTH Milongas - PEH 8:00 PM FoTD Contra Ft Collins - FCSC</div>
<div>5</div> <div>12:00 PM Argentine Tango Beg/Ad-AV 1:00 PM MGG Folkdancers-MGC 4:30 PM Scottish Cntry Dancing-PSt 5:30 PM Skidoo Teacher Choice -MC 6:30 PM Hora Romanesca-Grace Lutheran Church 7:00 PM Boulder Israeli Dance -PSt</div>	<div>6</div> <div>1:30 PM Little London Assembly - CSSC 5:30 PM Beg Belly Dance - SRS 6:30 PM Int. Belly Dance - SRS 7:00 PM Scottish Country Dancing - Den 7:00 PM Boulder Swing Dance- KaKS 7:00 PM Folk Dance in Mountains - Nederland 7:30 PM Scandinavian Dancing - PSt</div>	<div>7</div> <div>6:00 PM Skidoo Lindy Series- MC 6:15 PM Kids Folk Dance - Bldr Farmers Mrkt 7:00 PM Boulder Swing Dance- KaKS 7:00 PM Folk Dance - Bldr Farmers Mkt 7:00 PM Israeli Folk Dancing - HEA 7:00 PM Tango Colo. Practicas - DT 7:30 PM Calico&Boots Square Dance - PSt 7:30 PM Int. Folk Dance - EG</div>	<div>8</div> <div>5:30 PM Zumba - AV 7:00 PM Wednesday Waltz - AV 7:30 PM Maroon Bells Morris - Northglenn</div>	<div>9</div> <div>5:30 PM Beg. Belly Dance - KaKS 6:00 PM Skido Balboa, Jitterbug - MC 6:30 PM Int. Belly Dance - KaKS 7:00 PM Denver Folk Dancers - WMC 7:00 PM Denver Ceili Club - HIC 7:00 PM Scottish Country Dancing - Ft.Col. 7:00 PM Scottish Country Dancing - Parker 7:00 PM Tango Colo. Practicas - PSt 7:30 PM Breathless in Berthoud 7:30 PM Hawaiian Hula - Dairy Cntr</div>	<div>10</div> <div>7:00 PM Milonga Mercurio - MC 7:00 PM Ft. Collins Swing Night - TICO 7:15 PM Denver Contra CFOOTMAD - HMC 7:30 PM Boulder Intern FolkDancing - PSt</div>	<div>11</div> <div>10:00 AM Clogging w/ Ken - SHM 1:00 PM Little London Assembly - IDC 4:00 PM Lyons Old-Time Community Dance 7:00 PM Zesty Contra CFOOTMAD - SCC 8:00 PM Scandinavia Dance Party - PSt</div>
<div>12</div> <div>10:00 AM Argentine Tango Beg/Ad-AV 4:30 PM Scottish Cntry Dancing-PSt 5:30 PM Skidoo Teacher Choice -MC 6:00 PM Argentine Tango (LasTresM) - AV 6:30 PM Hora Romanesca-Grace Lutheran Church 7:00 PM Boulder Israeli Dance -PSt</div>	<div>13</div> <div>1:30 PM Little London Assembly - CSSC 5:30 PM Beg Belly Dance - SRS 6:30 PM Int. Belly Dance - SRS 7:00 PM Boulder Swing Dance- KaKS 7:00 PM Scottish Country Dancing - Den 7:00 PM Folk Dance in Mountains - Nederland 7:30 PM Scandinavian Dancing - PSt</div>	<div>14</div> <div>6:00 PM Skidoo Lindy Series- MC 7:00 PM Boulder Swing Dance- KaKS 7:00 PM Tango Colo. Practicas - DT 7:00 PM Israeli Folk Dancing - HEA 7:00 PM Folk Dance - Bldr Farmers Mkt 7:30 PM Int. Folk Dance - EG</div>	<div>15</div> <div>5:30 PM Zumba - AV 7:30 PM Maroon Bells Morris - Northglenn</div>	<div>16</div> <div>5:30 PM Beg. Belly Dance - KaKS 6:00 PM Skido Balboa, Jitterbug - MC 6:30 PM Int. Belly Dance - KaKS 7:00 PM Denver Folk Dancers - WMC 7:00 PM Tango Colo. Practicas - PSt 7:00 PM Scottish Country Dancing - Parker 7:00 PM Scottish Country Dancing - Ft.Col. 7:00 PM Denver Ceili Club - HIC 7:30 PM Hawaiian Hula - Dairy Cntr 7:30 PM Breathless in Berthoud</div>	<div>17</div> <div>7:00 PM Milonga Mercurio - MC 7:15 PM Comm Dance CFOOTMAD Bldr - AV 7:30 PM Boulder Intern FolkDancing - PSt</div>	<div>18</div> <div>10:00 AM Clogging w/ Ken - SHM 1:00 PM Intro to Clogging w/ Ken - SHM 7:00 PM Pearl St. Swing 7:00 PM DoTH Milongas - PEH 7:30 PM Ken's Clogging: VIP Dinner 8:00 PM FoTD Contra Ft Collins - FCSC</div>
<div>19</div> <div>11:30 AM Planina - Orthodox Food Festival 12:00 PM Argentine Tango Beg/Ad-AV 4:30 PM Scottish Cntry Dancing-PSt 5:30 PM Skidoo Teacher Choice -MC 6:30 PM Hora Romanesca-Grace Lutheran Church 7:00 PM Boulder Israeli Dance -PSt</div>	<div>20</div> <div>1:30 PM Little London Assembly - CSSC 5:30 PM Beg Belly Dance - SRS 6:30 PM Int. Belly Dance - SRS 7:00 PM Folk Dance in Mountains - Nederland 7:00 PM Scottish Country Dancing - Den 7:00 PM Boulder Swing Dance- KaKS 7:30 PM Scandinavian Dancing - PSt</div>	<div>21</div> <div>6:00 PM Skidoo Lindy Series- MC 6:15 PM Kids Folk Dance - Bldr Farmers Mkt 7:00 PM Boulder Swing Dance- KaKS 7:00 PM Folk Dance - Bldr Farmers Mkt 7:00 PM Calico & Boots Square Dance - pst 7:00 PM Tango Colo. Practicas - DT 7:00 PM Israeli Folk Dancing - HEA 7:30 PM Int. Folk Dance - EG</div>	<div>22</div> <div>5:30 PM Zumba - AV 7:00 PM Wednesday Waltz - AV 7:30 PM Maroon Bells Morris - Northglenn</div>	<div>23</div> <div>5:30 PM Beg. Belly Dance - KaKS 6:00 PM Skido Balboa, Jitterbug - MC 6:30 PM Int. Belly Dance - KaKS 7:00 PM Scottish Country Dancing - Ft.Col. 7:00 PM Denver Ceili Club - HIC 7:00 PM Denver Folk Dancers - WMC 7:00 PM Scottish Country Dancing - Parker 7:00 PM Tango Colo. Practicas - PSt 7:30 PM Breathless in Berthoud 7:30 PM Hawaiian Hula - Dairy Cntr</div>	<div>24</div> <div>7:00 PM Ft. Collins Swing Night - TICO 7:00 PM Milonga Mercurio - MC 7:15 PM Denver Contra CFOOTMAD - HMC 7:30 PM Boulder Intern FolkDancing - PSt</div>	<div>25</div> <div>10:00 AM Clogging w/ Ken - SHM 1:00 PM Little London Assembly - IDC 1:00 PM Intro to Clogging w/ Ken - SHM 7:00 PM Swing at the Avalon - AV 7:00 PM FoTD Waltz Night - FCSC</div>
<div>26</div> <div>11:00 AM Clogging w/ Ken - Performance 12:00 PM Argentine Tango Beg/Ad-AV 12:30 PM Hawaiian Hula Performance - Sloans Lake 1:30 PM Cajun Dance - MC (ck. time) 4:30 PM Scottish Cntry Dancing-PSt 5:30 PM Skidoo Teacher Choice -MC 6:00 PM Argentine Tango LTM - AV 6:30 PM Hora Romanesca-Grace Lutheran Church 7:00 PM Boulder Israeli Dance -PSt</div>	<div>27</div> <div>1:30 PM Little London Assembly - CSSC 5:30 PM Beg Belly Dance - SRS 6:30 PM Int. Belly Dance - SRS 7:00 PM Scottish Country Dancing - Den 7:00 PM Folk Dance in Mountains - Nederland 7:00 PM Boulder Swing Dance- KaKS 7:30 PM Scandinavian Dancing - PSt</div>	<div>28</div> <div>6:00 PM Skidoo Lindy Series- MC 7:00 PM Boulder Swing Dance- KaKS 7:00 PM Folk Dance - Bldr Farmers Mkt 7:00 PM Israeli Folk Dancing - HEA 7:00 PM Tango Colo. Practicas - DT 7:30 PM Int. Folk Dance - EG</div>	<div>29</div> <div>5:30 PM Zumba - AV 7:30 PM Maroon Bells Morris - Northglenn</div>	<div>30</div> <div>5:30 PM Beg. Belly Dance - KaKS 6:00 PM Skido Balboa, Jitterbug - MC 6:30 PM Int. Belly Dance - KaKS 7:00 PM Scottish Country Dancing - Parker 7:00 PM Scottish Country Dancing - Ft.Col. 7:00 PM Denver Ceili Club - HIC 7:00 PM Tango Colo. Practicas - PSt 7:00 PM Denver Folk Dancers - WMC 7:30 PM Breathless in Berthoud 7:30 PM Hawaiian Hula - Dairy Cntr</div>	<div>31</div> <div>7:00 PM Milonga Mercurio - MC 7:15 PM CFOOTMAD Boulder Waltz - AV 7:30 PM Boulder Intern FolkDancing - PSt</div>	<div>32</div> <div>7:00 PM Westminster OldTime Comm.- WGH 7:00 PM Pearl St. Swing 7:00 PM DoTH Milongas - PEH 8:00 PM FoTD Contra Ft Collins - FCSC</div>

